AMITY UNIVERSITY MAHARASHTRA

Established vide Maharashtra Act No.13 of 2014, of Government of Maharashtra, and recognized under Section 2 (f) of UGC Act 1956.

Progress on SDG 3

Good Health and Wellbeing

3.3.2 Health outreach programmes

Preventive healthcare in Bhatan Village

World Pharmacist Day

Year 2025

Amity Institute of Pharmacy
Amity University Maharashtra

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Indicator 3 3 2

Does your university as a body deliver outreach programmes and projects in the local community (which can include student volunteering programmes) to improve or promote health & wellbeing including hygiene, nutrition, family planning, sports, exercise, aging well, and other health and wellbeing related topics?

Community outreach

Amity Institute of Pharmacy delivered a community health awareness and screening programme in Bhatan Village on 25 September 2025 as part of World Pharmacist Day and Innovation Week. The activity combined a student-led street play, free screening and individual counselling for village residents and school children.

The programme reached 120 participants: 90 villagers aged 10 years or above and 30 school children under 10. Its content addressed preventive health, rational medicine use, risks of self-medication, nutrition, hygiene and lifestyle practices. This report presents the completed local outreach activity and the findings recorded by the organisers.

The evidence covers the topics actually delivered. Family planning, sports, exercise sessions and ageing-specific programmes are not documented in this event.

Programme delivery and student involvement

Item	Recorded detail
Date and time	25 September 2025, 10:30 am to 4 pm
Location	Gram Panchayat Office near Hanuman Mandir, Bhatan Village
Organiser	Amity Institute of Pharmacy with AUM E-Cell
Convener	Prof. (Dr.) Suneela Dhaneshwar, Director, AIP
Faculty coordinators	Ms. Neha Raghuwanshi and Dr. Vrushali Bhalchim
Community participation	120 residents and school children

The programme was delivered at a village venue, with Gram Panchayat representatives welcoming and supporting the activity. The source names Sarpanch Shri Tanaji Patil, Upsarpanch Mrs. Rajni Mukadam and board member Mrs. Aruna Ganesh Jatade among the community representatives.

Health education in the community

First-year B.Pharm students presented a Nukkad Natak addressing rational medicine use, the dangers of self-medication and lifestyle management. The performance used drama and humour to communicate preventive health messages. Students and faculty then engaged residents through screening and counselling.

AIP students applied practical training in blood testing, blood group detection and blood pressure monitoring. The report describes their role as part of community pharmacist training. It does not specify a separate student volunteer count, so the 120 participants are reported as community participants rather than student volunteers.

The Gram Panchayat appreciated the initiative and requested further health awareness activities. Requests for future camps are recorded as community feedback; they are not presented as completed repeat programmes.

Screening findings and counselling

For the 90 villagers, screening covered blood pressure, blood glucose, BMI, weight, height and blood group. The 30 children received weight, height, BMI and blood group checks only. These groups are kept separate when reporting findings.

Measure	Recorded categories among 90 villagers
Blood glucose	54 normal; 18 pre-diabetic; 14 diabetic; 4 unclassified
Blood pressure	36 normal; 40 pre-hypertensive; 11 hypertensive; 3 unclassified

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Individual counselling

The organisers report that all 120 participants received individual counselling. Villagers with abnormal readings were advised to seek follow-up care. Children received interactive counselling on nutrition, hygiene and healthy lifestyle habits. Counselling for participants with raised glucose or blood pressure readings encouraged timely attention and healthier practices.

Documented contribution to wellbeing

The completed outputs were community health education, screening and counselling. The activity made preventive health services available locally and identified readings warranting further attention.

Recommendations included further village camps, follow-up screening and periodic preventive health education. These remain proposed actions.

Community outreach photographs



Photograph 1. University team with school children at the Bhatan outreach programme.



Photograph 2. Community participation in the health camp at the Gram Panchayat venue.

Screening photographs and source record



Photograph 3. Student-led health screening at Bhatan Village on 25 September 2025.



Photograph 4. Screening stations and individual interaction with community participants.