AMITY UNIVERSITY MAHARASHTRA

Established vide Maharashtra Act No.13 of 2014, of Government of Maharashtra, and recognized under Section 2 (f) of UGC Act 1956.

Progress on SDG 3

Good Health and Wellbeing

3.3.7 Staff mental health support

Reporting year 2025

Service and policy evidence report

Amity University Maharashtra

Mumbai - Pune Expressway, Bhatan, Somathne, Panvel,
Mumbai, Maharashtra 410206

INDEX

S. No.	Contents	Page No.
1	Indicator and Evidence Overview	2
2	Institutional Provision and Source Record	3

Indicator 3.3.7

Does your university as a body provide staff with access to mental health support?

Evidence overview

AUM's official AIBAS webpage explicitly includes staff members within eligibility for counselling.

Staff eligibility

Amity University Maharashtra expressly allows staff to use counselling. The centre is described within a student-and-staff wellbeing framework. Its faculty team undertakes counselling-related activities.

Access to the service

The published counselling contact is :aumccway4wellbeing@amity.edu. Standard counselling hours are listed as 4 pm to 5 pm, Monday to Friday.

Source and reporting scope

AUM/Circular/032

AMITY UNIVERSITY MUMBAI

Established vide Maharashtra Act No.13 of 2014, of Government of Maharashtra, and recognized under Section 2 (f) of UGC Act 1956.

Ref.: AUM/Circular/033 **17/08/2024**

CIRCULAR

As approved by the competent authority, Amity University Maharashtra is providing free '**Mental Health and Illness**" counselling and guidance services at A1 Block, AIBAS, Room No. 505 for the university students.

The university as a body provides staff with access to mental health support, including professional counselling and guidance services.

The university services can be opted out via emailing on this ID: aumccway4wellbeing@amity.edu

Other helpline numbers:

iCALL: 022-25521111/09152937821 (All India Suicide Prevention)

Kiran: 1800-599-0019 (All India Mental Health Rehabilitation)

Aasra: 09820466726 (All India Suicide Prevention and Psychological Support)

Psychosocial Support and Mental Health Services (PSSMHS) helpline: 08046110007

Vandervala Foundation: 9999666655 (All India Suicide Prevention and Psychological Support)

Fortis Hospital National Helpline: 08376804102 All India Suicide Prevention and Psychological Support)

This is for information to all concerned at AUM, including students, faculties, and staffs.

Dr. H S Vyas
Registrar, AUM

AMITY UNIVERSITY MUMBAI

Amity University, Mumbai-Pune Expressway, Bhatan, Post-Somathne, Panvel, Mumbai, Maharashtra – 410206 Toll-free: 1800-123-5577 / Tel.: 02143-205037/38 / E-mail: admissions@mum.amity.edu / Website: www.amity.edu/mumbai